

Thunderbunny 25K Course turn-by-turn (25K++, actually 29K)

- Start at Boat Ramp/Beach Lot area
- Run out of Beach Rd. to State Park Rd.
- Turn left on State Park Rd.
- Turn left into old parking lot to enter Strouds Run Trail where tree's start
- Stay straight through shelter clearing on Strouds Run Trail
- Turn right to cross Strouds Run Rd. and enter Thunderbunny Trail
- Run entire Thunderbunny Trail
- Aid Station at Hollow Point Entrance 1 (4mi)-**
- Cross State Park Rd. and enter Hollow Point Trail
- Run entire Hollow Point Trail
- Turn sharp left on State Park Rd.
- Turn immediate left on Strouds Run Rd.
- Turn immediate right on Beach Rd.
- Enter Sundown Trail at very beginning of Beach Road
- Aid Station at Sundown/Chestnut Clearing (8.35mi)**
- Continue on Sundown Trail
- Continue on Sundown Trail (pay attention to signs) through Whitesel Junction
- Continue to run entire Sundown Trail
- Left at end of Sundown Trail to Dam Parking Lot
- Aid Station at Dow Lake Dam Lot (14.1mi)-**
- Turn around and go up hill to Dow Lake Dam top
- Turn left at top of dam and run across the dam.
- At the end of ran, turn right and run entire Hickory Trail
- Aid Station Gillette Junction 1 (16.9mi)-**
- Turn right to cross Wooden Bridge
- Immediately turn right after Wooden Kiosk to enter Strouds Run Trail
- This is the same 1 mile you started the race on.
- Run entire Strouds Run Trail, past the clearing with a picnic shelter, and back on trail
- Run through the old parking lot
- Turn right on Strouds Run Road
- Make an immediate right onto the Beach Road and run to finish.
- Finish at Beach Parking Lot (18 miles)-**